

PSHE Programme: 2020-21

The PSHE Programme for KS3 and KS4, follows three core themes throughout:

CORE THEME 1 – HEALTH & WELLBEING (H)

CORE THEME 2 – RELATIONSHIPS (R)

CORE THEME 3 - LIVING IN THE WIDER WORLD (L)

All Tutor groups follow a rotation system, so that they cover units of work at different times throughout the year. Some topics will be covered in Assemblies or other special events, such as Impact Days, where some outside providers will be presenting or holding workshops as appropriate.

Each Year group has a shared unit, usually at the start of the year, meaning that all Tutor Groups follow this at the same time before moving on to the PSHE Rotation.

Year 7:

Shared Unit:	TRANSITION (Moving on to Secondary School)
Unit 1:	RELATIONSHIPS
Unit 2:	ENTERPRISE SKILLS / INTRO TO CAREERS
Unit 3:	DIVERSITY, PREJUDICE AND BULLYING
Unit 4:	PUBERTY and KEEPING SAFE
Unit 5:	FINANCE MANAGEMENT:
Assemblies / events:	Healthy Lifestyles; Health risks; Ethical Financial Decisions; Careers

Year 8:

Shared Unit:	EMOTIONAL HEALTH / COPING STRATEGIES
Unit 1:	PERSONAL SAFETY / ROAD SAFETY
Unit 2:	HUMAN RIGHTS
Unit 3:	PEER PRESSURE / ASSERTIVENESS & RISK / BODY IMAGE
Unit 4:	SEXUAL HEALTH / CONSENT / CONTRACEPTION
Unit 5:	ALCOHOL / DRUG MISUSE
Assemblies/events:	Peer Pressure; Road Safety; British Values; Community Responsibilities; Finance Management; Career paths

Year 9:

Shared Unit:	CAREERS and OPTIONS
Unit 1:	DIVERSITY OF BELIEFS
Unit 2a:	DOMESTIC CONFLICT (2 lessons)
Unit 2b:	ILLICIT SUBSTANCES (2 lessons)
Unit 3:	RELATIONSHIP EXPLOITATION / SEXUAL HEALTH
Unit 4:	POLITICAL SYSTEMS
Assemblies/events:	Study Skills; Gang Crime; Dangers of running away; Equality/Rights / British Values: (tackling homophobia; transphobia, sexism etc)

Year 10:

Shared Unit:	READINESS FOR WORK
Unit 1a:	FINANCIAL HEALTH / BUDGETING (2 lessons)
Unit 1b:	DRUGS - risks (2 lessons)
Unit 2:	HEALTHY RELATIONSHIPS
Unit 3:	FAMILIES / PARENTING
Unit 4:	MORALS / ETHICS / BELIEFS
Assemblies/events:	Role Models; Gambling risks; Mental wellbeing and stigma; coping skills (change / bereavement etc)

Year 11:

Shared Unit:	REVISION / EXAM PREP
Unit 1:	STRESS / EMOTIONAL WELLBEING
Unit 2:	APPROPRIATE RELATIONSHIPS
Unit 3:	PERSONAL RISK / SAFETY incl First Aid
Unit 4:	TAKING RESPONSIBILITY FOR HEALTH CHOICES
Assemblies/events:	Forced Marriage; domestic abuse; dealing with unwanted attention (on & off-line); Revision / strategic Calendar